



**THE CORPORATION OF THE TOWNSHIP OF WAINFLEET**

**AGE-FRIENDLY ADVISORY COMMITTEE AGENDA**

**MONDAY, November 17, 2025 AT 6:00 P.M.**

**BOARDROOM 1**

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C11/25

- 1) **Call to Order**
- 2) **Declarations of Interest and the General Nature Thereof**
- 3) **Adoption of Previous Committee Meeting Minutes**
  - a) Minutes of the committee meeting held October 20, 2025
- 4) **Delegations**
- 5) **Business**
  - a) 2026 Meeting Schedule
  - b) Senior of the Year (2026)
    - i) Review of Criteria & Application
  - c) Niagara Older Adult Alliance Leadership Group Meeting
    - i) Contact List: Circulated
    - ii) October 8, 2025 Meeting Notes
  - d) Niagara Older Adult Alliance Meeting (NOAA)
    - i) November 5, 2025 Meeting Review
    - ii) Slide Deck: Ontario Age-Friendly Communities Outreach Program
      - [e-Learning](#)
      - [Newsletter](#)
    - iii) Slide Deck: The Age-Friendly Movement: Evolution and Future Directions
    - iv) Slide Deck: Navigating Dementia Together: Building a Compassionate Niagara
    - v) Slide Deck: South Niagara Hospital
      - [Parking Information at Niagara Health](#) (Multi-Day Passes Available)
- 6) **Action Items from Previous Meeting**

7) **Other Business**

8) **Next Meeting Date**

December 15th, 2025

9) **Adjournment of Meeting**



**THE CORPORATION OF THE TOWNSHIP OF WAINFLEET  
AGE-FRIENDLY ADVISORY COMMITTEE MEETING  
MINUTES**

C10/20  
Oct 20, 2025  
6:00 P.M.

MEMBERS PRESENT:           A. Stapleton  
                                      M. Grace  
                                      D. Flagg  
                                      K. Krause  
                                      S. Van Vliet

REGRETS:                       L. Gibson

STAFF PRESENT:                S. Akins, Administrative Assistant

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C10/20

1.    **Call to Order**  
      The meeting was called to order at 6:19 p.m.
  
2.    **Declarations of Interest and the General Nature Thereof**  
      None.
  
3.    **Adoption of Previous Committee Meeting Minutes**  
  
      a) Minutes of the regular meeting held Sept 15, 2025 are approved
  
4.    **Delegations**  
      None.
  
5.    **Business**  
  
      a)    Update: Senior of the Year (2026) - Thorold will give us all her Senior of the Year info/forms for us to use as a template  
            Print out Certificate and present at council meeting during Seniors Month June 2026  
      b)    Allison to circulate NOAA meeting minutes
  
6.    **Action Items from Previous Meeting**

**Other Business**

7. **Next Meeting Date**  
November 17, 2025

8. **Adjournment of Meeting**

There being no further business, the meeting was adjourned at 6:44 p.m.

\_\_\_\_\_  
A. Stapleton, CHAIR

\_\_\_\_\_  
S. Akins, RECORDING SECRETARY

**Approved October 20, 2025**

**Niagara Older Adult Alliance (NOAA) Leadership Group Meeting  
Wednesday, October 8, 2025, 10:30 to 11:30 am  
Meeting Notes**

Participants

<u>Name</u>	<u>Affiliation</u>
Bill Doyle	Fort Erie Senior Citizens' Advisory Committee
Leanne Wallace	Grimsby Age-Friendly Advisory Committee
Krista Bowie (Staff)	Grimsby Age-Friendly Advisory Committee
George Mitges	Lincoln Age Friendly and Active Community Advisory Committee
Joe Szabo	Niagara Falls Seniors Advisory Committee
Otto Penner	Niagara Falls Seniors Advisory Committee
Lynn Reynolds	Pelham Seniors Advisory Committee
Randy Gananathan	Pelham Seniors Advisory Committee
Katie Kilbreath (Staff)	Pelham Seniors Advisory Committee
Tammy McDowell	Port Colborne Senior Citizens Advisory Committee
Mike Cooper	Port Colborne Senior Citizens Advisory Committee
Ursula Hudson	St. Catharines Older Adults Advisory Committee & C.A.R.P. Niagara
Koby Vanyo (Staff)	St. Catharines Older Adults Advisory Committee
Jean D'Amelio-Swyer	Thorold Age-Friendly Committee
Alison Stapleton	Wainfleet Age-Friendly Advisory Committee
John Ganann	West Lincoln Age-Friendly Advisory Committee
Mary Wiley	Community Potential, on behalf of Age-Friendly Niagara Council

- The meeting was held virtually, on Zoom, hosted by Community Potential.
- Two Appointees to NOAA Leadership Group from each local municipal area in Niagara
- Membership for Welland and NOTL pending

## NOAA Leadership Group Executive Positions (Term ends April, 2027)

Chair – Jean D’Amelio Swyer

Vice-Chair – Lynn Reynolds

Secretary Treasurer – Leanne Wallace

## NOAA 2026 Forum:

It was noted that, due to Ontario’s municipal election cycle, current local older adult advisory committees across Niagara may be non-functioning after June, 2026. It was agreed that one NOAA forum will be held in April, 2026. The Town of Grimsby Age-Friendly Advisory Committee will host the meeting, in the Town’s new facility. Representatives from the Port Colborne Senior Citizens Advisory Committee expressed interest in hosting a future NOAA forum.

## NOAA Logo

The group agreed to develop a NOAA logo. Please email Jean with any suggestions.

## NOAA Executive List

It was agreed that one representative per local area municipality in Niagara will be designated to receive NOAA information from the NOAA Secretary-Treasurer, for the purpose of sharing the NOAA information out to all members of their local area municipal older adult advisory committee, and related Staff member(s). All local area committees will confirm their main NOAA contact person with Leanne Wallace, the NOAA Secretary Treasurer.

The NOAA Secretary-Treasurer will maintain a list of local area municipal older adult advisory committee chairs, and the related Staff person, across Niagara. The Secretary-Treasurer will also provide email notice of upcoming NOAA Leadership Group meetings. Jean, Lynn and Leanne will work together to coordinate the evolving work of the NOAA Leadership Group.

## November 5, 2025 NOAA Niagara-wide Forum in Niagara Falls

On November 5, 2025, registration opens at 12:30pm, Forum runs 1:00pm to 4:30 pm, the Niagara Falls Seniors Advisory Committee will host a Niagara-wide NOAA Meeting at the MacBain Community Centre, 7150 Montrose Road, Niagara Falls, Ontario. The finalized agenda and registration details will be emailed shortly.

## Next NOAA Leadership Group Meeting

The NOAA Leadership Group will meet virtually on Wednesday, January 14, 2026, 10:30 to 11:30 am. Leanne will send an email to confirm meeting details, closer to the meeting date. All Leadership Group members are asked to suggest agenda items to Leanne, Secretary-Treasurer.

Roundtable Updates were shared, by local area municipality. It was suggested that the NOAA Leadership Group Executive work with the AFNC Board to issue a joint media release stating that both groups are now formalized, emphasizing that having a Niagara-wide structure to bring forth the perspective of older adult leaders is a notable asset for the Niagara-wide community.



# Ontario Age-Friendly Communities Outreach Program

Presenter: Cheryl Athersych  
November 5, 2025

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# Presentation Overview

## **Background: What are Age-Friendly Communities (AFCs)?**

- 8 domains of age-friendly
- Community examples in each domain
- Benefits

## **Part 1: Age-Friendly Community Outreach Program/Knowledge Exchange**

## **Part 2: Annual Age-Friendly Community Survey**

## **Part 3: Staying Connected**

## **Questions**

# Part 1: Ontario AFC Outreach Program

- Established in 2015
- Managed by the [Centre for Studies in Aging and Health](#) in partnership with Queen's University
- Funded by the Government of Ontario through the [Ministry for Seniors and Accessibility](#)



# Part 1: Ontario AFC Outreach Program

- Provincial Knowledge Translation and Exchange program designed to support AFC development in Ontario
- Goals are to:
  1. **Strengthen community capacity** to implement, evaluate and sustain age-friendly activities
  2. **Increase collaboration** by connecting people, ideas and resources
  3. **Raise awareness** about AFC benefits, promising practices and planning principles

# Part 1: Ontario AFC Outreach Program: Core Facilitation Strategies

- 1. Knowledge Broker**
2. Collaborative Networks
3. Monthly e-Newsletter
4. Webinars
5. Website
6. Interactive Maps
7. Community Profiles
8. Annual Provincial Survey

# 1. Knowledge Broker

- Ask questions
- Get connected (to people, resources etc.)
- Consult/ Thinking partner
- Request presentations
- Update online profile
- Ask for a letter of support

Call to action – connect with me, add me to your mailing lists, use me for questions and as a thinking partner.

## 2. Collaborative Networks

- Regional Age-Friendly Networks
  - Connect with other AFC Initiatives in your region
  - Bi-monthly virtual meetings
  - Northern, Eastern, Central, Southwestern
- Age-Friendly Businesses Working Group
- Community of Interest on Volunteering and Older Adults

Call to action: Join your Regional Network to learn about the work in your area and share your wins and challenges.



# 3. Monthly e-newsletter

- News stories
- Events
- Funding announcements
- Resources
- Spotlight
- Reading lists

Call to action: Sign up for the e-newsletter. Share your successes to be highlighted.

October 2025 | Issue 110

## Ontario Age-Friendly Communities

Provided by the Ontario Age-Friendly Communities Outreach Program



### A MESSAGE FROM THE KNOWLEDGE BROKER

The Centre for Studies in Aging and Health (CSAH) has moved! We're excited to announce that effective October 1, 2025, CSAH has moved to its new organizational home at the Department of Medicine, Queen's University. This transition strengthens our long-term sustainability and expands our capacity to serve communities, partners, and stakeholders across the region and beyond.

Our mission remains the same: CSAH brings evidence to life. We will continue working with communities, practitioners, planners, and researchers to promote lifelong wellness, improve aging outcomes, and foster social connection. By linking research, policy, and practice, we will keep driving innovation and supporting community-led solutions to help people age well at every stage of life.

Ontario  
Age-Friendly  
Communities



Outreach Program

### ISSUE HIGHLIGHTS:

- Message from the Knowledge Broker
- Age-Friendly Spotlight
- Age-Friendly News
- Upcoming Events
- Research and Resources
- Funding Opportunities
- The Ontario Age-Friendly Communities (AFC) Outreach Program

## 4. AFC Webinar Series and Bi-annual Conference

- Webinar series about AFC planning, implementation, evaluation, promising practices and emerging trends.
- Bi-annual conference about Age-Friendly Communities and related work.

Call to action: look at the archive of webinars. Share the registration details with your community. Register to attend yourself.



Exploring the Intersections between Caregiving and Age-Friendly Communities



The Centre for Studies in Aging &...  
499 subscribers

Subscribe

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Share

Download



## 5. Website: [www.csah.ca](http://www.csah.ca)



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[Creating an Age-Friendly Community](#) ▾ [Age-Friendly Ontario](#) ▾ [Resources](#) ▾ [Get Connected](#) ▾ [AFC Events](#) ▾

Area of Focus

# The Ontario Age-Friendly Communities Outreach Program

[Home](#) » The Ontario Age-Friendly Communities Outreach Program

The Government of Ontario funds the Ontario Age-Friendly Communities (AFC) Outreach Program through the [Ministry for Seniors and Accessibility](#). The AFC Outreach Program is managed by the [Centre for Studies in Aging and Health](#) in partnership with Queen's University.

# Ontario Age-Friendly Communities



## Outreach Program

## Call to action

Look at your community's page on the Age-Friendly Communities Outreach Program website and let me know if updates are needed.

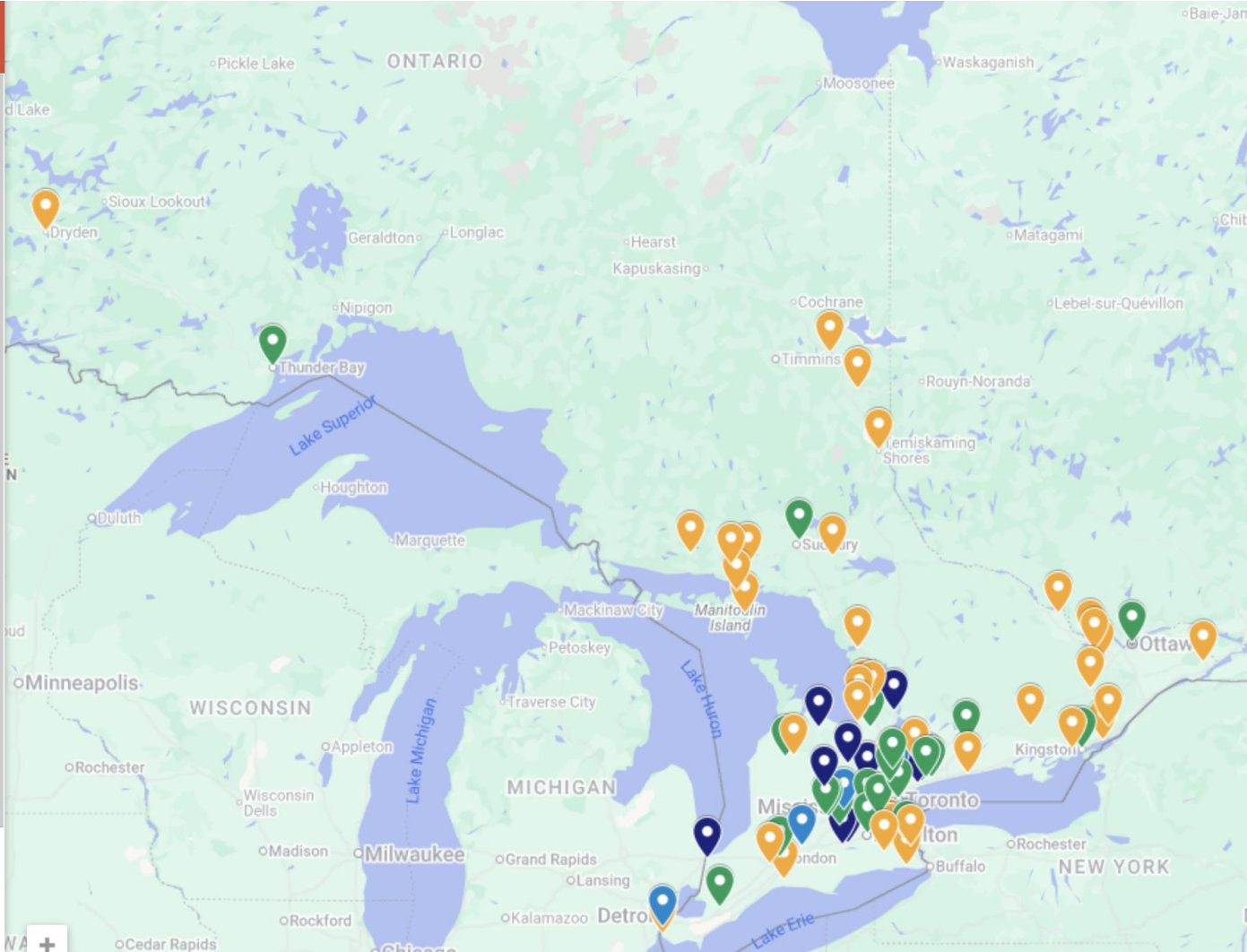
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# 6. Interactive Maps

**AFCs by Domain** 🔍 ⋮

25,396 views  
Published on October 9  
[SHARE](#)

- Current AFCIs 2025**
  - Town of Ajax
  - Town of Amherstburg
  - Town of Arnprior
  - Township of Assinack
  - ... 75 more
- Outdoor Spaces and Public Buildings
- Transportation
- Housing
- Social Participation
- Respect and Social Inclusion



# Ontario Age-Friendly Communities



## Outreach Program


### Call to action:

Use the interactive maps to identify a novel initiative for a domain your community is interested in addressing.

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# 7. Community Profiles

- Contact information
- Funding sources
- Current and completed projects
- Community Documents



**Age-Friendly Communities Ontario West**

Name of Committee: Age-Friendly Niagara Network (AFNN)

Population: 484,840 (2021)

Email: [Dominic Ventresca \(Co-Chair\)](mailto:Dominic.Ventresca@sympatico.ca)  
[d.ventresca@sympatico.ca](mailto:d.ventresca@sympatico.ca) or  
[info@agefriendlyniagara.com](mailto:info@agefriendlyniagara.com)

Email: Otto Penner Vice Chair [otto.penner@icloud.com](mailto:otto.penner@icloud.com)

Email: Ursula Hudson,  
Treasurer [ursulahudson.carp@gmail.com](mailto:ursulahudson.carp@gmail.com)

[Visit Website](#)

## Network Niagara

Volunteer-led board of directors which raises awareness of WHO AFC domains across all 12 municipalities, and fosters local action to implement, including the leveraging of the municipalities' age-friendly advisory committees

## Current and Completed AFC Projects, Programs and Initiatives

### Outdoor Spaces & Public Buildings

- Input into municipal community centre and civic square design

### Transportation

- Input to Transit Commission and to pedestrian safety advisory committee

### Housing

- Community survey identified as a priority issue for "aging at home"

### Respect & Social Inclusion

- Media Articles Published that Focus on Older People
- Business of Ageing Niagara Network (BANN connects businesses, industry leaders, and subject matter experts in a forum to discuss business opportunities and to share information and ideas about diversifying their markets and expanding focus to benefit older customers)
- [Candidate Brief](#) (Two-pager sent to all incumbents and candidates asking them to be informed about the contributions older adults make within our community, celebrate the ways in which Niagara has already made progress towards becoming age-friendly and consider what they can do to help champion this work)

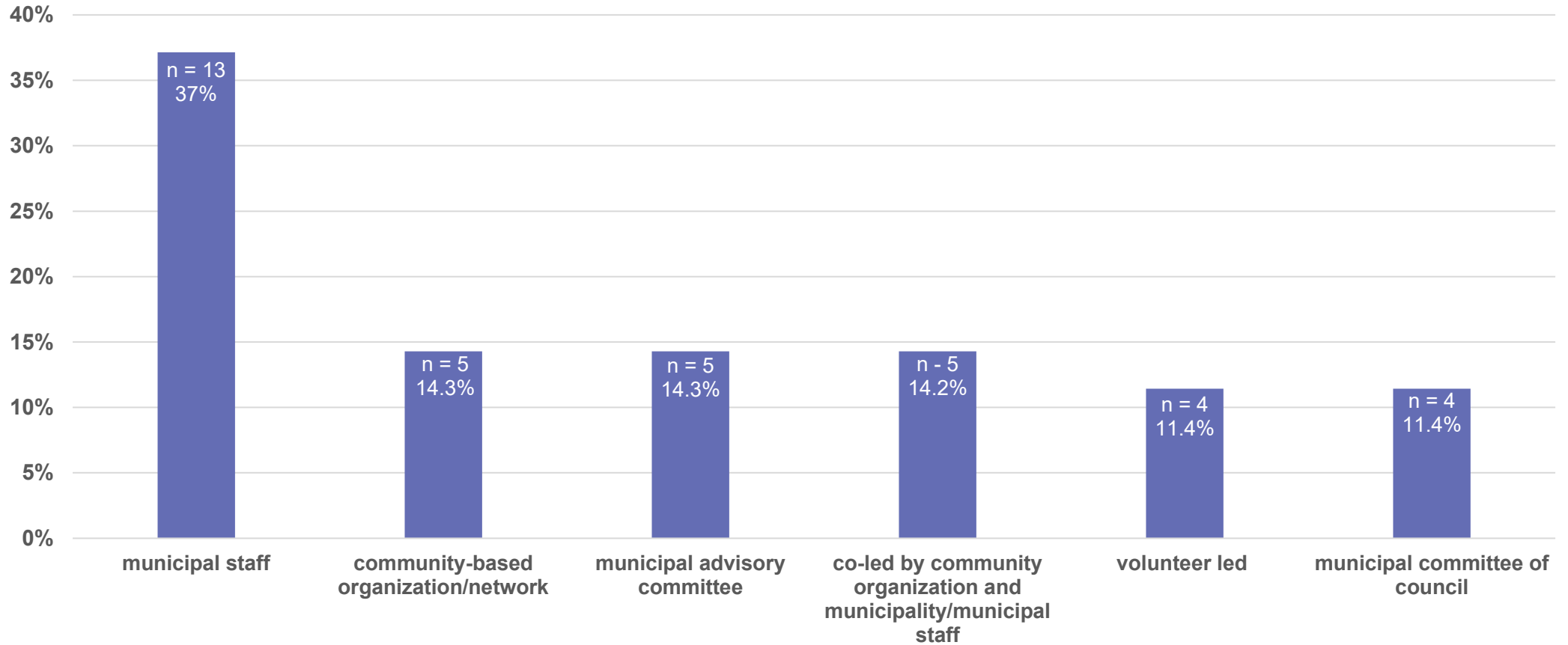
## 8. Annual Provincial Survey

- Monitor and evaluate AFCl implementation, sustainability, enablers, challenges, and outcomes
  - Results over time, regional, provincial, size
- Get feedback and inform the Outreach Program's ongoing activities and supports offered
- Report findings and key takeaways to stakeholders, including MSAA partners

# Survey Sections

1. Current AFCI status
2. Funding and governance
3. Planning, Implementation, and Evaluation
4. Use of AFC Outreach Program supports
5. Enablers and challenges
6. Impact of the COVID-19 pandemic and AFCI planning
7. Benefits
8. Sustainability
9. Engaging diverse populations

# Current Active AFCI Status – Leadership



# Conclusions

- The AFCO survey effectively captures the diversity and complexity of AFCIs over time.
- The development of this survey addresses a significant gap in the existing literature by providing a standardized yet adaptable tool for assessing AFCIs at local, regional, and provincial levels. \*
- Key findings reveal that AFCI priorities and outcomes are significantly influenced by local needs, resources, individual experiences, and unique community contexts.
- It had made possible longitudinal studies to evaluate AFCI outcomes over time, focusing on key priorities such as sustainability, subpopulations, and barriers.

\*Sarah Webster, Madison Robertson, Christian Keresztes, John Puxty, Assessing Age-Friendly Community Initiatives: Developing a Novel Survey Tool for Assessment and Evaluation, *The Gerontologist*, Volume 64, Issue 12, December 2024, gnae146, <https://doi.org/10.1093/geront/gnae146>



## Part 3: Staying connected

- Join your regional network meeting
  - Connect with me for KB support
  - Share your respective committee work and activities
  - [Sign up for e-newsletters](#)
  - Add me to your mailing lists:  
[Cheryl.athersych@queensu.ca](mailto:Cheryl.athersych@queensu.ca)
-

# **The Age-Friendly Niagara Movement: Evolution and Future Directions**

By Dominic Ventresca,  
Chair, Founding Board of Directors  
Age-Friendly Niagara Council (AFNC),  
NOAA Meeting, November 5, 2025



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# Overview of Presentation

## The Niagara Age-Friendly Movement: Conception to Incorporation

1. Grass roots – awareness and local action
2. Evolution through volunteer leadership, community engagement and grants
3. Key achievements to date
4. The Founding AFNC Board – next steps for an “age-friendly Niagara – a community for all ages”



# Grass roots beginnings 2009

- World Health Organization launches age-friendly community domains
- Informal discussions provincially and locally
- Volunteer leadership group forms and starts a Niagara age-friendly movement
- First priority was to educate the community on what “age-friendly” means and what actions can be taken



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# Age-Friendly Niagara Core Operational Principles

1. Foster awareness of the Age-Friendly Community domains identified by the World Health Organization (WHO)
2. Promote related local action and implementation among Niagara's local municipalities and communities
3. Ensure volunteers and older adults provide leadership
4. Engage the community to drive the goals, objectives, and action plans
5. Work with individual champions and like-minded partners



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# Age-Friendly Niagara

## Vision

An age-friendly Niagara – a community for all ages

## Mission

Foster a caring community that optimizes quality of life as people age



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# The Age-Friendly Movement – Evolution Milestones

**2010-2013 Creation of Leadership/ AFN Network** (Ontario Trillium Foundation 3-year grant **\$223,000**)

**2014-2015** Many community consultations - over 500 people from all 12 local municipalities: ***Niagara Aging Strategy and Action Plan*** (OTF 1-year grant **\$70,000**)

**2015-2019 Implementation of the *Action Plan***, presentations to municipal councils to set up age-friendly advisory committees

-informal “collaborative” meetings of advisory committees (OTF 2-year grant **\$150,000**)



# The Age-Friendly Movement – Evolution Milestones

**2020-2021 - Governance Project** led to the creation of the Age-Friendly Niagara Council (i.e., Council on Aging)

(Ontario Seniors Community Grant **\$25,000**)

**-COVID coordination panel**

**2021 - Infolink** (Niagara Community Foundation **\$15,000**)

**-Joint Research Project** with Brock University on AF volunteers (**SSHRC grant to the university**)



# The Age-Friendly Movement – Evolution Milestones

**2022 – “Empowering Older Adults” Survey – 1200**  
respondents from all 12 Niagara municipalities

(New Horizons for Seniors Grant **\$25,000**)

**-Impact Report** – an updated Niagara Aging Strategy and Action Plan informed by survey data

**-Niagara Older Adult Alliance (NOAA)** formally organized

**2023- 2024 – Business Plan Project** led to recruitment across Niagara for founding board members

(Niagara Community Foundations **\$15,000**)



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# The Age-Friendly Movement – Evolution Milestones

**2024** - Brock University Niagara Community Observatory Brief published on Age-Friendly movement and volunteer involvement at Niagara's local municipal seniors advisory councils

**2025** – AFNC incorporated and Founding Board launched 2 applications for grants:

- New Horizons **\$25,000** with Centre de Sante Communautaire Hamilton Niagara, and
- OTF **\$600,000** with Niagara Bridge Centre



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# The Age-Friendly Movement – Other Accomplishments

- Website: [agefriendlyniagara.com](http://agefriendlyniagara.com)
- Newsletter (over 700 subscribers)
- Strategic presentations to Niagara municipal councils
- General information presentations to hundreds of community organizations (e.g., service clubs, university and college classes, provincial and international conferences)



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# The Age-Friendly Movement – Other Accomplishments

- Founding member Ontario Association on Councils on Aging
- Advocacy presentations (e.g., Long term care COVID Commission, Legislative Committee on Finance and Economic Affairs)
- Advocacy letters and published op-eds (e.g., primary care, housing and homelessness)
- Election campaign briefs
- Reference group for consultation by Niagara Region housing, transit, Diversity/Equity/Inclusion



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# Future Directions: AFNC compass

## Niagara Aging Strategy and Action Impact Report 2024:

What does “a community for all ages” look like? \*

- Opportunity to stay active
- Access
- Connected generations
- Inclusive communities
- Housing options and supports

\* 2022 AFNC survey results



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# Future Directions: AFNC priorities

## Niagara Aging Strategy and Action Impact Report 2024:

### Top Priorities for strengthening our age-friendly community

1. Supports to age in my own home
2. Health and wellness promotion
3. Increased recreation, leisure and learning opportunities
4. Increased housing options
5. Increased education and information about programs and services

\* 2022 AFNC survey results



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# Next Steps for Niagara Age-Friendly Movement

Work on priorities & vision identified in 2022 survey:

- 1. *Empowering Volunteers: Training Seniors for Community Leadership*** (application to New Horizons with Centre de Sante Communautaire Hamilton/Niagara for \$25,000, pending)
  - Prepare older adults to become effective volunteers and community leaders across Niagara
  - Facilitate co-design and delivery of bilingual training modules that build capacity in leadership, mentoring, digital literacy, and group facilitation



# Next Steps for Niagara Age-Friendly Movement

Work on priorities & the vision identified from 2022 survey:

**2. Neighbourhoods for all ages: Building resilient communities through foresight and connection** (application to OTF for \$600,000 with Niagara Bridge Centre, pending)

- Co-design and deliver *Neighbourhood Toolkits* across all 12 municipalities to help communities become more age-friendly, inclusive, and connected
- Address isolation, improve access to information, and promote intergenerational inclusion



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# Next Steps for Niagara Age-Friendly Movement

Improve the stability/continuity/sustainability of the age-friendly movement:

- Establish AFNC Founding Board and Committees to carry out *Niagara Action Plan* priorities and vision
- Implement AFNC Business plan components (i.e., recruit Council members, set fees and other revenue generation initiatives for sustainable base funding)



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# Thank You



For additional information:  
Visit: [agefriendlyniagara.com](http://agefriendlyniagara.com)  
Email: [afn@agefriendlyniagara.com](mailto:afn@agefriendlyniagara.com)



# Additional Resources

- Age-Friendly Niagara website <https://www.agefriendlyniagara.com/>
  - Resources <https://www.agefriendlyniagara.com/resources/>
- Older Adult Infolink <https://www.agefriendlyniagara.com/older-adult-infolink/>
- Living in Niagara report <https://www.livinginniagarareport.com/>
- Niagara Knowledge Exchange <https://niagaraknowledgeexchange.com/>
  - Niagara Connects database <https://niagaraknowledgeexchange.com/get-connected/>



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# **NAVIGATING DEMENTIA TOGETHER: BUILDING A COMPASSIONATE NIAGARA**

Presentation to the Niagara Older Adult Alliance  
November 5, 2025

Sarah Putman, Co-Lead of the Dementia Care Working Group  
Ron Laroche, Manager of Communications and Engagement



# NOHT-ÉSON

What is the Niagara Ontario Health Team - Équipe Santé Ontario Niagara?

- The NOHT-ÉSON is a network of 45+ health care providers, social service agencies, educational institutions and patient/client and family/caregiver representatives
- NOHT-ÉSON partners provide a wide array of services:
- Primary Care, Home Care, Emergency Services, Public Health, Social Services, Mental Health and Addictions, Long-term Care, Rehabilitation, and Acute Care



# Structure and Governance

1

## **Planning Table**

The overarching governing body that sets the strategic direction of the OHT.

2

## **Working Groups**

Approximately 17 various working groups, project teams, and task forces (e.g. Dementia Care, Cancer Screening, Palliative Care, Alternate Level of Care, Mental Health and Addictions).

3

## **Consensus Decision-Making**

All voices have equal weight. No voting.



ÉQUIPE SANTÉ ONTARIO  
**NIAGARA**  
ONTARIO HEALTH TEAM

# DEMENTIA CARE WORKING GROUP

## Overview

## DEMENTIA NUMBERS IN CANADA

- As of January 1, 2025, we estimate that 771,939 people in Canada are living with dementia.
- Every day, more than 414 people in Canada develop dementia. This is more than 17 every hour.
- By 2030, nearly 1 million people in Canada could live with dementia.
- 12,097 individuals in Niagara are living with dementia, according to the Hopkins report

## DEMENTIA CARE WORKING GROUP

- Dementia was identified by the NOHT-ESON as a priority population
- Niagara has 2<sup>nd</sup> highest percentage of seniors in Ontario with 21%. Peterborough has the highest with 22.2%
- Established the Dementia Care Working Group in May of 2022 with 15 invested organizations and 2 Caregiver Representations
- Includes representation from the Francophone and Indigenous communities

## **WORKING GROUP MEMBERS**

**Alzheimer Society  
of Niagara Region**

**Niagara Region  
Seniors Community  
Programs**

**Niagara Medical  
Group**

**Niagara North FHT**

**Welland McMaster  
FHT**

**3 Caregiver  
Representative**

**Centre de santé  
communautaire  
Hamilton/Niagara**

**St Joseph's Healthcare  
Hamilton - Seniors Mental  
Health Outreach Services**

**Niagara Health**

**Ontario Health at  
Home**

**Community Support  
Services of Niagara**

**March of Dimes Canada –  
Niagara Region**

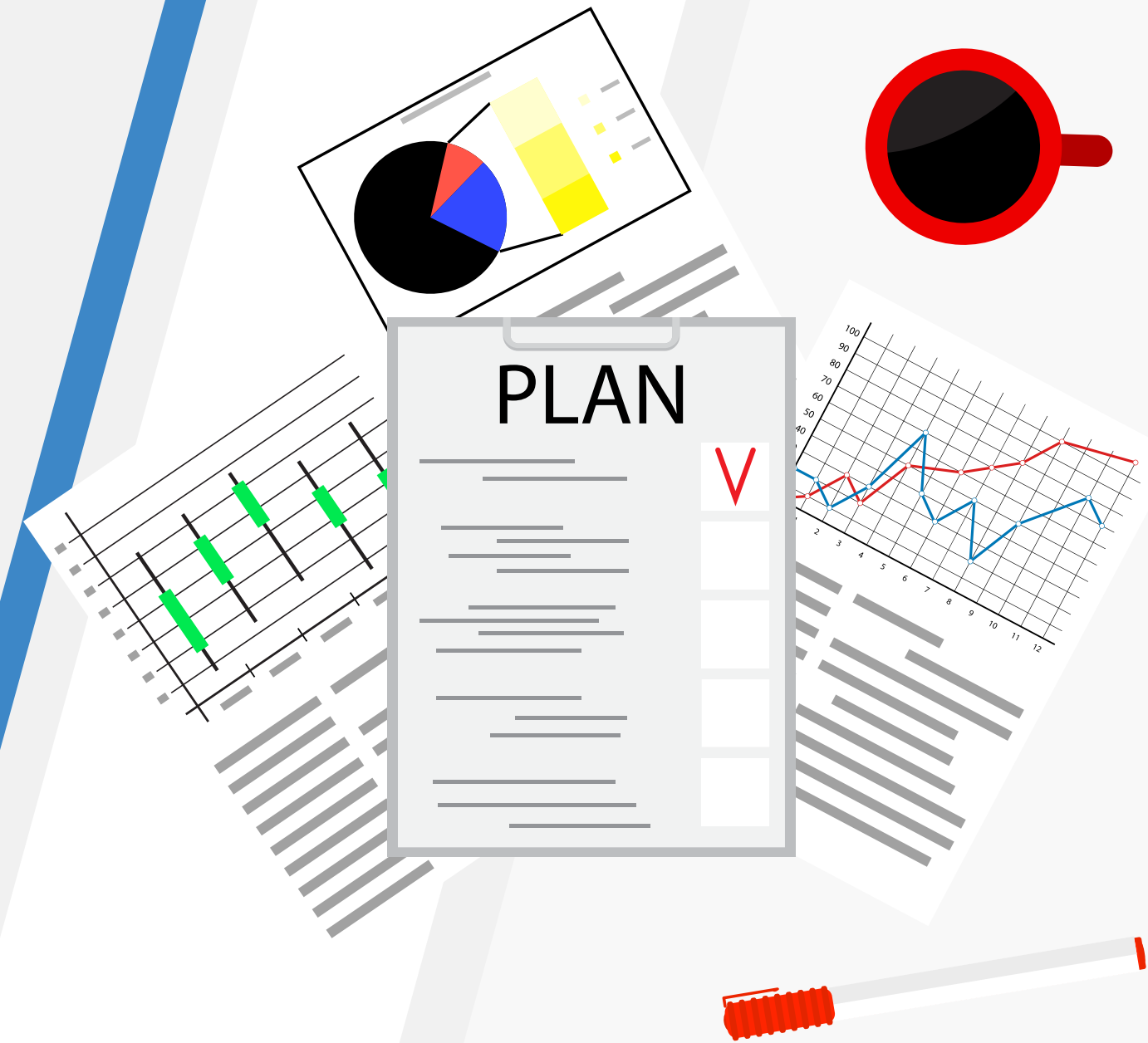
**Michael G. DeGroote School  
of Medicine – Niagara  
Regional Campus**

**NOHT-ESON Staff**

**Aboriginal Health  
Centre**

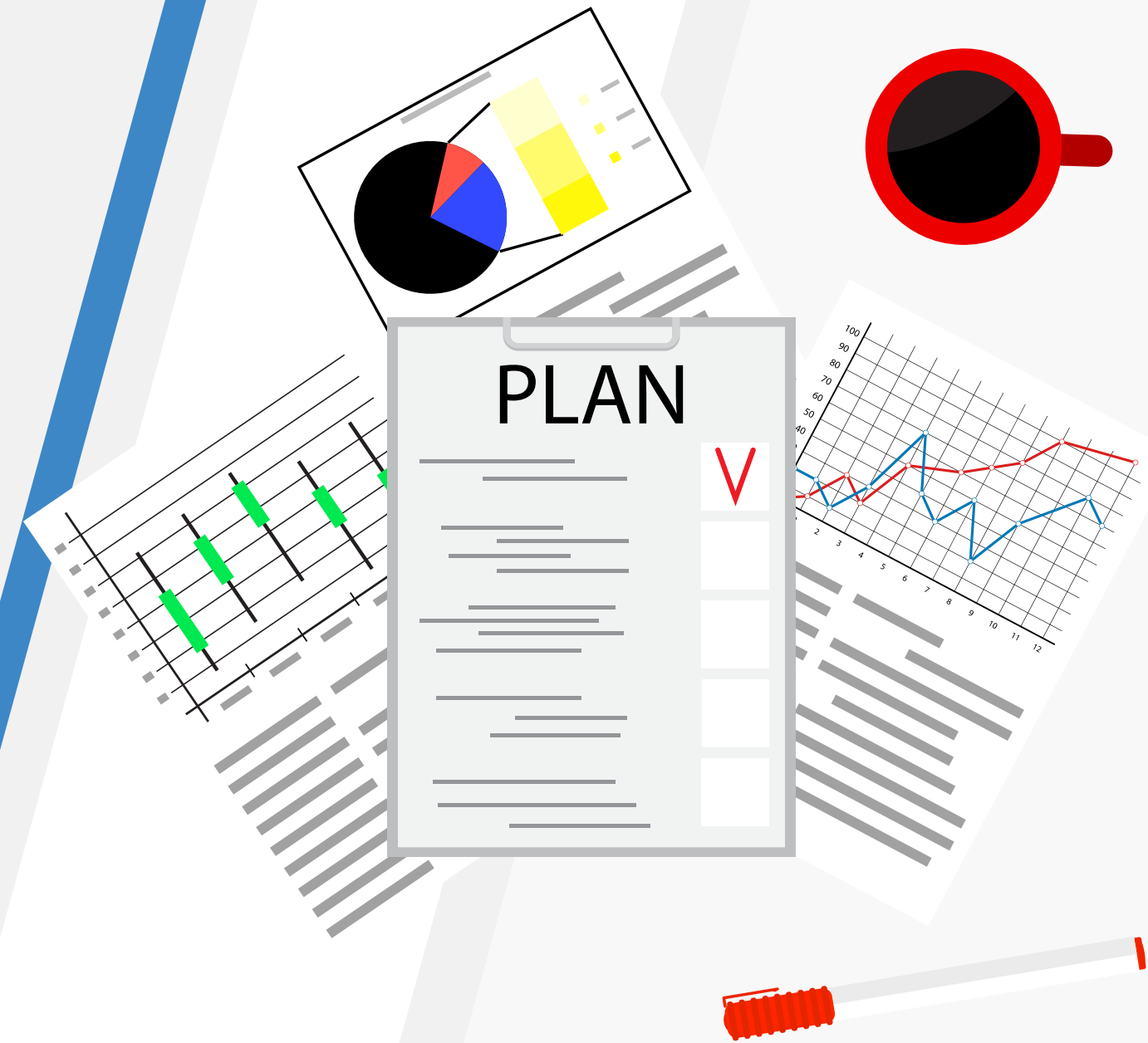
# HQO STANDARD #1: COMPREHENSIVE ASSESSMENT AND DIAGNOSIS

1. Create an assessment team (e.g. mobile, outreach, community-based) to support primary care.
2. Expand capacity and promotion of memory clinics.
3. Develop/explore Clinical Central Intake for Niagara-Based Geriatric Services



## HQO STANDARD #2: EDUCATION AND TRAINING FOR HEALTH CARE PROVIDERS

1. Explore funding opportunities for geriatric training for health practitioners.
2. Create and support Dementia Community of Practice for family physicians.
3. Customize a Niagara-based physician resource package and dissemination plan.



## WORK PLAN 2025-26

### HQO #5 EDUCATION FOR CAREGIVERS AND PLWD

### #6 EDUCATION FOR FRONTLINE STAFF

1. Promoting Dementia Care Working Group and our successes to the general public
2. Supports to family/patients during transition from community to facility care
3. Inventory available dementia education





## A FIRST LINK REFERRAL WILL SAVE YOU VALUABLE TIME AND ENERGY

**OFFICE VISIT TIME CAN FOCUS ON MEDICAL ISSUES RELATED TO DEMENTIA DIAGNOSIS AND OTHER CO-MORBIDITIES AND LEAVE SUPPORT, INFORMATION AND QUALITY OF LIFE ISSUES TO FIRST LINK.**

Information, support, and connection to community services for persons with MCI and all forms of progressive dementia and their caregivers.

No official Diagnosis Required

**DIRECT REFERRAL FROM A PHYSICIAN AND/OR PROFESSIONAL CARE PROVIDER WORKS BEST  
STUDIES INDICATE THAT RELYING ON FAMILIES TO ASK FOR HELP MAY DELAY SUPPORTS UP TO 3 YEARS**



## COUNSELLING AND NAVIGATION

- Create an individualized care plan.
- Have a dedicated Family Support Counsellor to help guide the journey.

## EDUCATION

- Learn about the diagnosis of Dementia
- Discuss Environmental Modifications
- Explore Communication strategies
- Discover supports for dealing with responsive behaviours



## DRIVING CESSATION SUPPORT

- Explore strategies to deal with grief of loss
- Explore alternate transportation options
- Learn to stop driving not stop living

## RECREATION THERAPY GROUPS

- In-Person, Virtual and Telephone Friendly Visiting
- Gain Peer Support
- Engage in healthy brain activities
- Live well



## ADVANCED CARE PLANNING

- Explore future care planning
- Understand the role of the Power of Attorney
- Explore alternate levels of care options
- Get support for transitions to Long Term Care

## Improving Brain Health: Key Actions from the Landmark Study

- 12 individual actions identified to support brain health and reduce dementia risk
- Actions have proven benefits for overall well-being and cognitive function
- Collective impact is powerful:
  - Delaying dementia onset by 1 year = nearly 500,000 cases avoided in 30 years (Canada)
  - Delaying by 10 years = over 4 million cases avoided
- Taking action now can transform Canada's brain-health future

Alzheimer Society

### 12 actions for a healthier brain at any age

These evidence-based tips will help you lead a healthy, balanced lifestyle and reduce your risk of Alzheimer's disease and other dementias.

- STAY ACTIVE** with physical activities you enjoy
- STAY CONNECTED** with friends and family
- Track your blood pressure, cholesterol, and blood sugar levels to **PROTECT YOUR HEART AND BRAIN**
- Manage **MEDICAL CONDITIONS** to maintain overall brain health
- KEEP LEARNING** and trying new things for mental stimulation
- Try to get a **GOOD NIGHT'S SLEEP** every night
- Be mindful of signs of **DEPRESSION** and seek help if needed
- LIMIT ALCOHOL INTAKE**
- PROTECT YOUR HEARING** and get it tested regularly
- Find something to do every day that gives you **PURPOSE**
- Eat well, manage stress, quit smoking, and **SEE YOUR DOCTOR REGULARLY**
- Avoid activities that could cause **HEAD INJURIES**



## Patient/Client and Family/Caregiver Advisory Council

- Members bring invaluable lived experience, insight, and passion to every conversation, decision, and action that shapes the future of health and social services in Niagara
- Advisors are more than participants — they are champions of change
- Drawing on personal journeys through the health care system, professional expertise, and frontline caregiving experience
- Perspectives are represented not only at the NOHT-ÉSON's Planning Table but also within working groups



## PCFC – Top Priority

- To ensure broader, more diverse representation across all NOHT-ÉSON working groups the PCFC is recruiting!
- By bringing more perspectives to the table and ensuring members are engaged early in the decision-making process the Advisory Council aims to strengthen its role as a trusted voice for patients, clients, families, and caregivers across Niagara



We're recruiting  
Patient/Client and  
Family/Caregiver  
Advisors!

**APPLY TODAY!**

[www.noht-eson.ca](http://www.noht-eson.ca)

We're looking for individuals with lived experience accessing health or social services in Niagara.

Want to make a  
**DIFFERENCE** in  
your community?

**APPLY TODAY!**

Apply to become a Patient/Client  
and Family/Caregiver Advisor today!

[www.noht-eson.ca](http://www.noht-eson.ca)

- Please consider applying and helping the NOHT-ESON to amplify voices that matter most!
- Any questions?



SCAN ME



ÉQUIPE SANTÉ ONTARIO  
**NIAGARA**  
ONTARIO HEALTH TEAM

# Questions

If you'd like to follow up or contact the Dementia CARE Working group:

**Sarah Putman**

Co-Lead, Dementia Care Working Group  
*Alzheimer Society Niagara Region*

 [sputman@alzheimerniagara.ca](mailto:sputman@alzheimerniagara.ca) |  905-687-6856 ext. 526

**Casey Knight**

Co-Lead, Dementia Care Working Group  
*Welland McMaster Family Health Team*

 [cknight@wellandmcmasterfht.com](mailto:cknight@wellandmcmasterfht.com) |  905-704-3660





# South Niagara Hospital

Coming 2028



niagarahealth  
Extraordinary Caring. Every Person. Every Time.

# Our Three Pillars

## GUIDING EVERY DECISION

Putting  
People First



Delivering Safe  
and Quality Care



Transforming  
How We Work



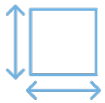
# Regional Three-Site Hospital System (at 2028)

## MAROTTA FAMILY HOSPITAL

- 24/7 Emergency Services
- Critical Care
- General Surgery
- Outpatient Clinics and Surgical Services
- Diagnostic Imaging and Laboratory
- Children's Health
- Kidney Care
- Administration

### CENTRES OF EXCELLENCE

- Women and Babies
- Cancer
- Cardiac
- Mental Health and Addictions



**1 million**  
square feet



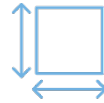
**428**  
Beds

## SOUTH NIAGARA HOSPITAL

- 24/7 Emergency Services
- Critical Care
- General Surgery
- Outpatient Clinics and Surgical Services
- Outpatient Mental Health and Addictions
- Diagnostic Imaging and Laboratory
- Kidney Care
- Joint Care
- Indigenous Healing
- Administration

### CENTRES OF EXCELLENCE

- Complex Care
- Stroke
- Wellness in Aging



**1.3 million**  
square feet



**475**  
Beds

## WELLAND HOSPITAL

- 24/7 Emergency Services with eight to 10 observation beds
- 90+ complex care beds
- Outpatient clinics (Orthopedics/Fracture, Plastics, Chronic Disease Management and Geriatric)
- Mental Health and Addictions (*Residential Addictions and Treatment*)
- Diagnostic Imaging and Laboratory (*X-ray, Ultrasound, CT, ECG, Echocardiography, Ontario Breast Screening*)
- Kidney Care
- Administration hub
- Long-Term Care

### CENTRE OF EXCELLENCE

- Eye Care

*\*Proposed programs and services for Welland are based on approved plans for the South Niagara Hospital. Further staff and community engagement is required to submit a proposal to the Ministry of Health for the Welland Hospital site redevelopment.*



**Putting People First**



**Delivering Safe and Quality Care**



**Transforming How we Work**

# Universally Accessible Design



More than 160 design elements were incorporated to create a senior-friendly and universally accessible design.

Requirements focus on ensuring lighting, flooring, rest stations, doorways, windows, handrails, walkways, ramps, stairways, outdoor spaces, wayfinding and signage are all designed to meet Niagara's expected elder population.

*Ambulatory Entrance Lobby*



# South Niagara Hospital

## Building Design Features

- 1.3-million-square-feet
- Compact building footprint: 250,000-square-feet
- 12-storey building plus basement level
- Ground-level helipad
- 2,400+ parking spaces
- On-site public transit hub
- Building entrances on all sides
  - Main Entrance
  - Ambulatory Entrance
  - Emergency Walk-in Entrance
  - Diagnostic Imaging Entrance
  - Staff Entrance
  - Dialysis Entrance
  - Patient Transfer Entrance



All 475 bedrooms will be completely private, helping to improve the patient experience.

Photo: Mock-up of an ICU room.

# Hospital Highlights

-  **475** Single-patient bedrooms
-  **162 more beds** for the region
-  **8** Operating suites
-  **14** Gardens and terraces
-  **74% increase** in MRI diagnostic capacity
-  **7,400** more senior wellness visits
-  **20,000** more emergency visits
-  **12 additional** hemodialysis stations
-  **Reduce** wait times

Centres of Excellence in Complex Care, Wellness in Aging and Stroke.

# WELL Certification



The South Niagara Hospital Project has achieved WELL Precertification through the International WELL Building Institute™, putting it on the path to becoming Canada’s first WELL Certified hospital.

Recognized worldwide throughout the architectural industry, the WELL Certification program is a scientifically developed and independently verified tool to help design buildings and measure their impact on the health and wellbeing of the occupants.



# Universally Accessible Features

- Patient lifts
- Smart Beds
- Real Time Locating System
- Use of Colour and contrast
- Space for device parking

Photo: Mock-up of a patient bedroom.





*Photo: Mock-up of a patient bedroom washroom.*

## Universally Accessible Features

- Grab bars
- Sliding door
- Emergency pullstring



# Universally Accessible Features

- Multiple Entrances
- Covered drop-off zones
- Tactile Indicator strips
- Rest stops
- Accessible parking spots
- Animal Relief Areas

Significant attention has been given to the use of colour, signage and art moments throughout the building. These design elements will help make wayfinding intuitive and easy.



AUDITORIUM

Indigenous  
Healing

Second Floor, Main  
Entrance



Indigenous Healing Room

The South Niagara Hospital will feature an Indigenous Healing Space and Garden, co-designed with community partners to provide a safe and welcoming space for all Indigenous Peoples.

The Indigenous Healing Garden will provide an area to host Indigenous ceremonies and teaching opportunities, as well as a quiet space for those looking to reflect and connect with nature.



Indigenous Healing Garden

# Automated Transport System

Helping to improve workplace efficiencies, an Automated Transport System (ATS) will be used.

Automated Guided Vehicles (AGV) move supplies and materials in an efficient and autonomous way. They will move along designated paths and elevators, and will deliver materials to various locations where they will be met by staff.

Autonomous Mobile Robots (AMR) will deliver medications to pharmacies and specimens to the lab, where they will be met by staff with secure access.



Sample AGV and AMR

Workplace features will help improve the workplace environment for employees and physicians, such as:

- Team rooms and staff terrace
- Height adjustable desks
- Staff gym and walking trails



Team Room

Photo July 2025

# Construction Timeline

We are here

**Groundbreaking**  
July 2023

**Halfway point**  
October 2025

**Structure Complete**  
April 2026

**Building Watertight**  
June 2026

**Power on to Building**  
November 2026

**Substantial Completion**  
Spring 2028

**Opening**  
2028





# Construction Update

More than 900 skilled workers on site every day.

Crews have started forming the top floor of the building, with the final structural concrete pour expected this month.



Walls are taking shape on the lower levels, along with mechanical and electrical rough-ins.

Exterior windows, bricks and precast siding is also being installed on lower levels.

*October 2025*



# Questions?



Putting People First



Delivering Safe and Quality Care



Transforming How we Work

# Thank you!



Putting People First



Delivering Safe and Quality Care



Transforming How we Work